

Healing Vibrations

A F F I R M A T I O N - B A S E D
C O M M I S S I O N S

ESCARPETA
ARTISTRY

ALEXANDRA ESCARPETA

MEET THE VISIONARY



J. Alexandra Escarpeta is a visual artist, writer, entrepreneur and mother living in Costa Rica.

Prior to becoming a full-time artist, she developed and marketed medical devices for traumatic skeletal injuries. Learning about human biology fueled her passion for understanding the healing power of frequencies we all carry within us. To amplify the beauty of healing frequencies, she developed an original artwork technique using sound waves as the foundation.

“I believe that we honor our internal healing power by activating it often, and in turn, it rewards us by opening up more possibilities. My desire is to help people as they unlock their possibilities.”

WHAT HAPPENS WHEN WE SPEAK?

THE SCIENCE + SPIRITUALITY

Touch your throat and say, "Asé".
You can feel that vibration is involved.

When we speak, we inhale and speak until we run out of air.
While speaking, we activate throat muscles to create desired pitch. The
resulting vibrations is sound.

The throat chakra (Vissudha) is located in the center of the neck, and is the main
point for communication. It is from here that we express our sentiments about
others and ourselves. Similar to other frequency types, voice can be used to
have a healing or destructive effect.

WHAT HAPPENS WHEN WE SPEAK?

THE SCIENCE + SPIRITUALITY

Positive Self-Talk

When we affirm ourselves and others with positive affirmations, we experience healing vibrations.

The opposite is true when we use negative speech on ourselves or others.



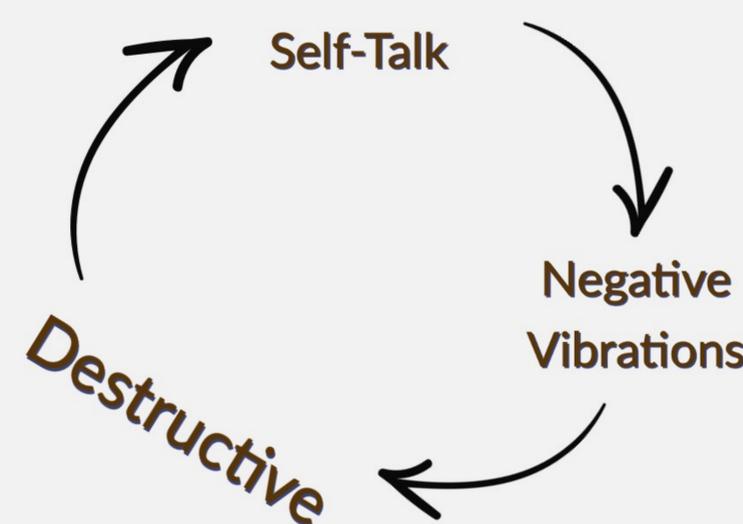
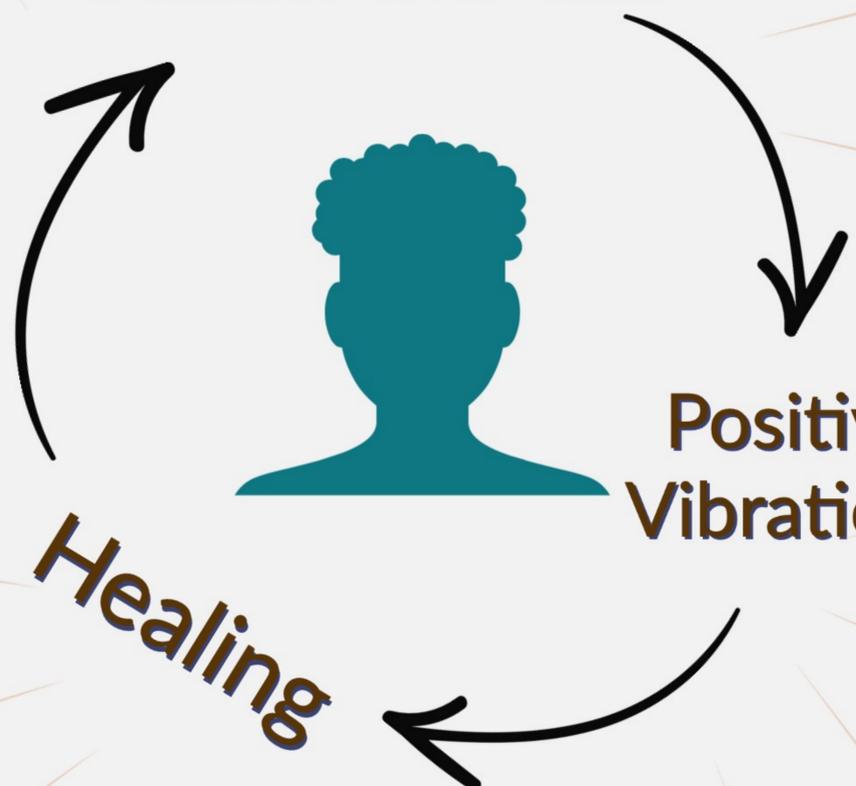
Positive Vibrations

Healing

Negative / Dishonest Self-Talk

Negative Vibrations

Destructive



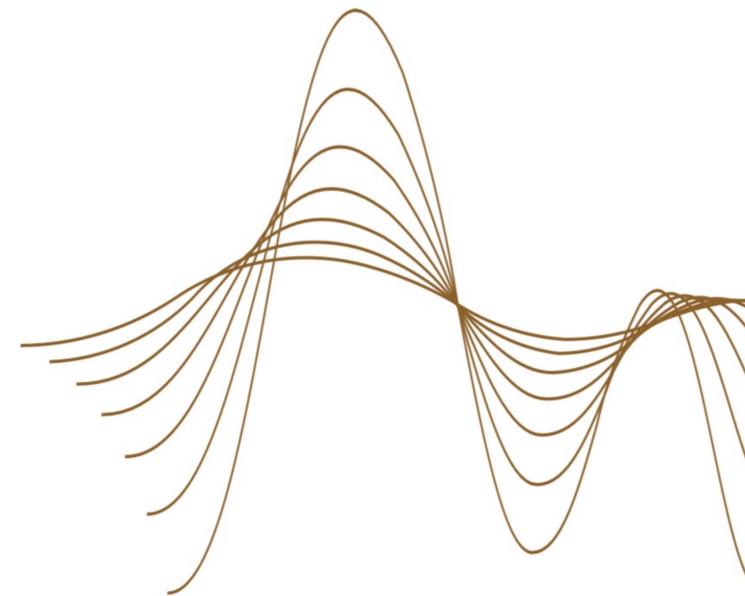


WHY VISUALIZE AFFIRMATIONS?

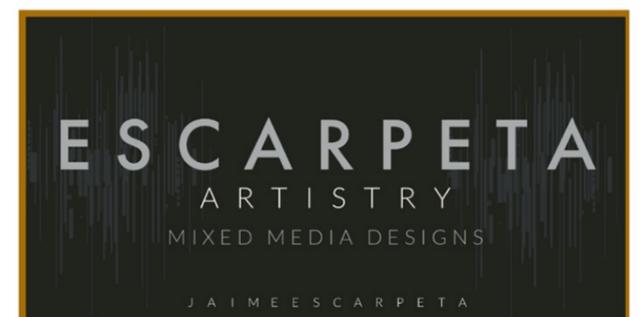
Placing affirming sensory in our environments helps us maintain high vibrational thinking and being.

BENEFITS:

- Enhances mental state & promotes wellness. ^{1,2}
- Supports creativity and problem solving. ^{1,2}
- Supports personal healing journeys and growth. ^{2,3}

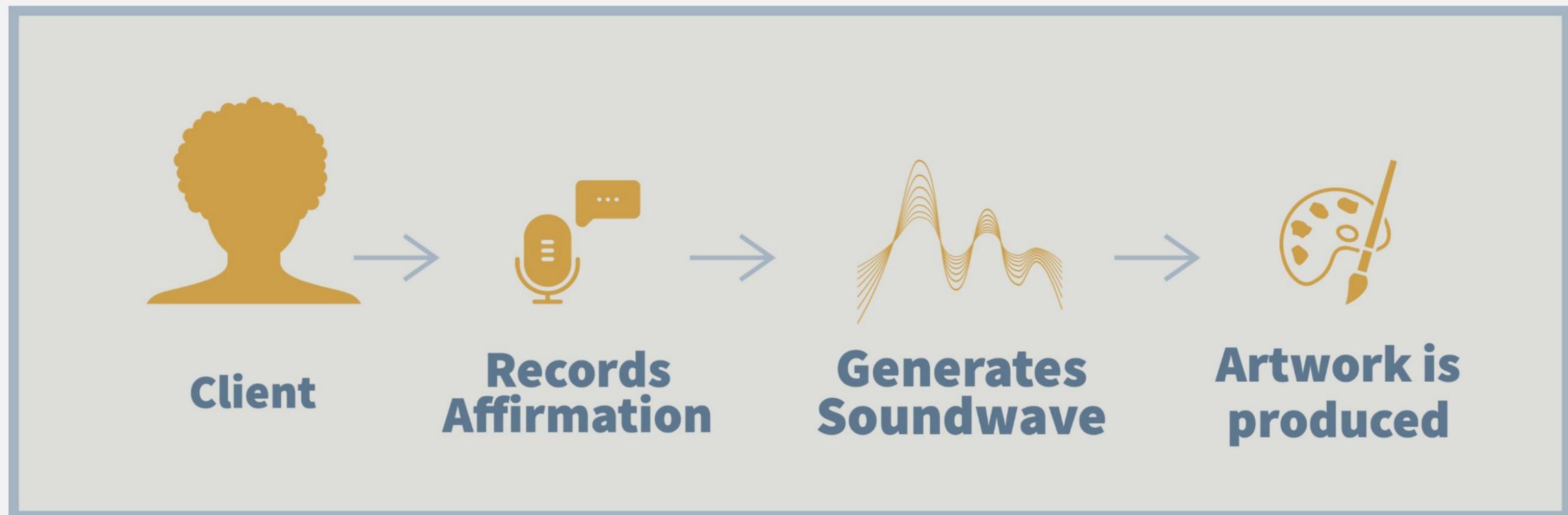


1. Dispenza, Joe. *Becoming Supernatural - How Common People Are Doing the Uncommon*. Carlsbad, California. Hay House Inc., 2017. pp 76-77
2. Afua, Queen. *Sacred Woman*. New York. Ballantine Books, 2000. pp 149
3. Brady, Adam. *How to Use Affirmations to Transform Your Life Story*. January 2020. <https://chopra.com/articles/how-to-use-affirmations-to-transform-your-life-story>



THE CREATION PROCESS

A sound wave image is generated digitally, then reproduced by hand in an original artwork design.



Each work is unique and a direct reflection of the client's vibration while speaking an affirmation.

To view examples, visit www.escarpeta.com

PRICING

(as of June 2023)

Commission pricing is based on size.

Paintings are shipped in a shipping tube via DHL and must be professionally stretched to be framed by the client.

12 x 24 in / 31 x 61 cm	\$500*
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24 x 48 in / 61 x 122 cm	\$2200*
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36 x 60 in / 91 x 152 cm	\$3300*
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* + shipping

FEATURED IN

Television

King 5 News Seattle

Living by Design



Galleries / Museums

WOW Gallery, Seattle Washington

Biggs Museum, Dover Delaware

Arte en Arrivo , San Jose, Costa Rica

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power of your voice

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